



## PROPOSED NETBALL TOUR

#### **GENERAL INFORMATION**



This will be a 9-day tour based near the Island's nightlife capital of St Lawrence Gap on the popular South Coast of this friendly Island where the beaches are powdery white, the water is warm and shallow, and the bars and rum shacks are plentiful. Barbados offers an irresistible mix of laid-back Bajan lifestyle, where the tropical sun is fanned by the trade winds together with a host of sandy beaches dotted along the coastline. It used to be known as "Little England" and although the island has enjoyed over 30 years of independence a warm welcome is always shown to its British visitors.

Netball is the highest ranked team sport in Barbados and is the sport of choice for females on the island. From as early as age 8 years old, netball is played at all ages ensuring that the sport remains vibrant and is a permanent fixture on the sporting calendar in Barbados. The sport has its own National Centre and for many years the Barbados team held a top world ranking. Visiting clubs and schools can be assured of a warm welcome and will benefit from favorable conditions and facilities.

Experiencing Bajan netball at first hand is an exciting opportunity placing Barbados firmly among the very best netball tour destinations. A fantastic experience awaits any netball team fortunate enough to visit this breathtaking island!





#### DAY 1

You will assemble in London for your morning flight to Barbados, your flight will take approximately 8 hours and flights usually arrive on the island in the early afternoon local time. After a short transfer to your accommodation you will soon find yourself relaxing by the pool or on the beach. In early evening we recommend you make your way to the beach to enjoy your first Bajan sunset.



### DAY 2

On this free day you may wish to take a guided tour of the island, before you are transferred to the "Boat Yard", a unique beachfront location. Here you will be able to enjoy water trampolining, canoeing/kayaking and snorkeling, as well as lunch. Drinks packages can also be arranged.





In the evening why not return to the Boatyard to experience the venue an its beachside party atmosphere after dark.



### **DAY 3**

On this free day you may wish to visit Mullins Bay on the West Coast, where a variety of water sports including snorkelling banana boat and jet skiing are available. The West Coast is also very good for swimming, and with the variety of beach bars and restaurants is a great place to spend a day relaxing in the sunshine.



In the evening, a visit to McBride's Music Pub & Nightclub is recommended! The only authentic Irish pub in Barbados, located in the heart of St Lawrence Gap!



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#### **DAY 4**



The morning will be free before you will travel to your first tour fixture:

### V St Barnabas NC





After the match you will spend some time with your hosts before returning to your accommodation, where a visit to Harbour Lights may be in order.

You may wish to enjoy the popular Beach Extravaganza Dinner Show where you will be captivated by Bajan culture and the rhythms of the live bands. Enjoy a traditional Bajan style BBQ dinner served straight from the grill, accompanied by free-flowing drinks. Alternatively, if it's a party you are looking for, Harbour Lights Nightclub is one of the most famous Barbados party destinations. Wednesday and Friday nights is party night – pay on the door and house drinks are included!





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#### DAY 5

Today is a free day, where an off road Land Safari tour is recommended. This tour will take you to the Northern and Eastern areas of the island and will take in some of the most breathtaking sights of the island. Lunch will also be served, along with soft drinks, and snacks will also be provided along the way.





In the evening we suggest you travel to nearby 'Oistins' fish fry, to see how the locals eat and party by the waterfront, where you will enjoy one of the best fish meals you have ever had. (Note that this takes place on a Friday night so may need to be moved within your itinerary dependant on your departure date).



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## **DAY 6**



The morning is free before you will travel to your final fixture:

## V Brydens Sports Club

This will be another fun match and once your match is over you will have ample time to socialise with your hosts before returning to The Gap for a night out celebrating.







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#### **DAY 7**

On this free day we recommend you partake on an unforgettable catamaran trip around the island. Your cruise will take you along the breathtaking West Coast of the Island and you will have two opportunities to snorkel with the turtles and view the amazing array of colours in the clear coral reefs. You will swim and sunbathe on the decks of this glamorous vessel and enjoy a buffet lunch and a free bar.





#### **DAY 8 & 9**

You will have the morning free to perhaps do a spot of souvenir shopping or relax by the pool or on the beach before in the early afternoon you will travel to the airport for your early evening flight arriving in London in the early hours of the following day.